# 12 hours MTB-O Austria

# **Rules**

# 1. General Information

The Austrian 12-hour-MTB-O is a cyclical relay race. This race lasts 12 hours. The members

of each team always alternate in the same team nomination. They have to run different courses.

# 2. Team nomination

Three members (from 13 years onward) form one team. There are two classes: Club teams (all team members

are from one orienteering club) or open teams.

One girl or woman is the minimum and not exceeding two biker from the class 18-44 (year) are in one team.

Teams, that cannot keep to that rule, are given the possibility to start outside competition.

# 3. Registration of the teams

You have to fill in registration name of team (max. 24 characters long), name, age and SI-number of the bikers. Changes in composition and sequence of the runners can take place up to one hour before the start, liable to pay the costs.

# 4. Sequence of runners / start numbers

The sequence of runners given by registration has to be kept during the whole time of the competition, otherwise the team will be disqualified.

The start number and the SI chip has to be carried fixed on the bike and is runner-bounded for the hole race

Runner	1. Biker	2. Biker	3. Biker
Start number	*** A	*** B	*** C
Categories	11/1/1/1/1 = 18 = 424	M/W 13 -17 or M/W 45-	M/W 18-44

\*\*\* stands for the team number, which is assigned by the organiser.

# 5. Competition form

# $\rightarrow$ 5.1 Start and race

The start will take place on Saturday at 1 p.m. as a single race (= Austrian MTB-O Cup race). The single times of each teammember will be multiplicated with a factor (see attach). This times of all 3 teammembers will be added and builts the teamtime after 3 legs.

If all teams are within one hour after the leading team there will be a hunting start. If the time between first and last team is more than one hour there will be a huntingstart with fixed intervals (see attach). This interval is then the new teamtime.

The 4. leg starts on Saturday 4.30 p.m. with the leading team and the first biker (startnumber A), followed by startnumber B (5. leg) and startnumber C (6. leg)

After the 6. leg the relay will be stopped for the night.

On Sunday at 9 a.m. there will be a mass start of the first runner (A) of each team (7. leg). After the 9. leg the race will be stopped.

The teamtime from Saturday and Sunday will be added and there will be a hunting start at 0.30 p.m. with startnumber A on the 10. leg.

The huntingstart will change into a start with fix Intervalls after 45 min. The Intervall will be 3 minutes. The race will be continued until the 12 hours are over (see point 8. and 9.)



#### $\rightarrow$ 5.2 Change of the runners

The change of the runners takes place by handshake as in every other relay race. The first biker changes over to the second one, the second runner changes over to the third one and again to the first biker ...

The map taking takes place independently at the map output after the change and completing the starting obligation distance.

After biking off each course the map has to be delivered in the finish. Keeping the map entails the disqualification of the team.

#### $\rightarrow$ 5.3 Courses

All courses are in form of a normal O race. Only the 7. leg (mass start) begins with controlles with free order.

#### 6. Valuation of the individual courses

If a course was not correctly finished (e.g. a mispunch, wrong approach sequence of the punches or other, breack against rules), the biker gets the same time as the biker with the longest runningtime on this leg + 15 minutes. The team can go on with the race.

#### 7. Loss of runners

If all 3 bikers of a team have started twice, in case of marking a runner out at the second day the competition can be continued with two bikers.

Each loss has to be announced at the competition administration at the latest with the start of the runner, which completes a course before the loss runner is called to the start line. A marked runner as loss may not start again later.

#### 8. Final finish time

When the leading team has reached the 12 hour limit or the leading team has finished the 15. leg

#### 9. Total valuation

The team with the highest number of courses becomes the winner. If two or more teams reached the same number of courses the intake sequence decides.

#### 10. Controls

The controls correspond to the IOF standard, whereby all control kites are generally provided with SIstation and control tongs

#### 11. Protests

Protests can be submitted in writing at the competition administration until an half hour before the price giving ceremony.

#### 12. Final clause

Deviating regulations of this rule order are given to the participants in the program or until two hours before the start by notice at the information. Hereby all former rule orders are repealed.

#### Attach:

Category - conversion factor (see 5.1):

affort kilometer of the longest cat. affort kilometer of the own cat. = factor

The factor will be multiplicated with the own time

(affort kilometer = length of the course + m rise x 10)

Intervaltable 4	1. leg (	(see 5.1):	
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Starting Teams	- 19	20 - 29	30 und more
Startinterval	3 min.	2 min.	1 min.